# **Discerning a Sponsor**

### Prayer of the Candidate

O Holy Spirit, you have been with me and have counseled me ever since my Baptism. I thank you for this. Now that I am preparing to choose a sponsor, I ask your aid. Inspire me and my parents to choose a sponsor who will help me to prepare will for the Sacrament of Confirmation. Be with us as we weigh the different choices. I desire to live as a strong, faithful Christian. Lead us to the person who will be the best guide for me.

#### Prayer of the Parents

O Holy Spirit, you have entrusted (name) to us. Our role as parents is to guide and nurture (him/her) in every way. Give us the grace to know who would be the best partner in carrying out our responsibility to guide and nourish (his/her) faith life.

#### **Sponsor Possibilities**

Reflect on and discuss the pros and cons of each choice. Choose the best sponsor. Remember, the Church believes the preferred choice for your Confirmation sponsor is one of your baptismal sponsors.

Name	Pro	Con	

## **Sponsor Information**

A sponsor must be a practicing, Confirmed Catholic, who is at least 16 years of age. He or she may not be the candidate's mother or father. A godparent is a good choice. The candidate is encouraged to choose someone close by. The sponsor should be a person who is prayerful, open, dependable, loving, and is comfortable sharing his or her faith with young people.

### Role

The sponsor represents the support and prayers of the entire Church. He or she will be the candidate's "spiritual friend."

In this program, the following is asked of the sponsor.

- 1. Accompany the candidate to the sponsor and candidate sessions, which are specifically designed for sponsor/candidate interaction. Sponsors may also attend any class they would like with their candidate.
- 2. Attend the Rite of Confirmation.
- 3. To meet with the candidate regularly throughout this year of preparation and to discuss the topics addressed in the preparation sessions.
- 4. Share their faith story with his or her candidate.
- 5. Spend time getting to know the candidate, possibly taking him or her out to lunch or dinner, or having him or her over to your home.
- 6. Pray for and with the candidate.
- 7. Continue to be there for the candidate and lend spiritual support after the Confirmation ceremony is over.



